



Ongoing Family and Shelter Needs:

Food Items:

- Shelf stable Foods
- Frozen Foods

Kitchen Items

- Kitchen staples (coffee, coffee creamer, cooking oil, sugar, aluminum foil, plastic wrap, salt & pepper, etc.)
- Forks, spoons, and knives
- Stainless-steel pots, pans, and skillets
- Dishwasher Detergent

Household Items

- Toilet paper & paper towels
- Draino/Liquid Plumber
- Laundry Detergent - HE (high efficiency) only
- Garbage Bags (13 gallon & 30 gallon)
- Brooms & Mops
- Extra-long twin mattress covers (ideally bed bug resistant and rip proof)
- Pillows, new or gently used
- Table lamps (appropriate for bedrooms)

Baby Items

- Diapers size 2,3,4,5,6
- Baby wipes

Personal Items

- Gift cards for clients (to Target, WalMart, Ingles, etc.)
- Bath towels and wash cloths, new or gently used
- Bath soap and body wash
- Umbrellas
- Alarm clocks
- Combination locks
- Date/Appointment books
- Pocket calendars

- Spiral notebooks
- Pocket size Kleenex
- Pocket size hand sanitizers

Clothing

- Women's new underwear of all sizes
- Women's new bras of all sizes
- Women's new socks of all sizes
- Children's new underwear of all sizes
- Women & Children's pajamas of all sizes, new or gently used
- Bathrobes, new or gently used
- New or gently used seasonal items: winter jackets, gloves, hats, etc.